

CHURCH AND FAMILY NEWS

Church News

Rough winds do shake the darling buds of May, and Summer's lease hath all too short a date. Shakespeare

May was seen as the end of winter in Shakespeare's time hence May Day with its many rituals such as maypole dancing, organised mayhem and misrule as the relationship between man and nature was celebrated. It was banned by the puritans in 1644 as a pagan festival, but as we become more aware of how man and nature are intertwined and how we need to protect and cherish the natural world, perhaps those who danced around the maypole can teach us something about living in harmony with the natural world.

We are just coming to the end of Holy Week as I write, and it has been an emotional and moving week. We began on Palm Sunday with a thoughtful service led by Louise Morgan which looked at Jesus' entry into Jerusalem and the other march going on at the time – the Roman one. It asked some serious questions for us to consider over the coming week. This theme

was continued in the Towards the End of the Day service led by John and Brenda Cheer in the evening.

Our Holy Week Meditations have been centred around a book by David Kitchen – *Easter Inside Out* which provided an interesting perspective on Holy Week. Thanks to Fiona Liddell and Marion Williams for a thoughtful passage into Easter. Our Maundy Thursday service upstairs in the Canolfan was led by David Dean with the music group. It was an intensely moving service ending in the garden. On Good Friday we joined All Saints and Bethany in the Walk of Witness ending with a service in Beulah led by our younger church members and lunch in the Canolfan. Easter Sunday saw a very full church for our Easter service led by Geraint Richards and it was a pleasure for us all to see Mary Richards back in Beulah again.

Family News

Good wishes to all those returning to College and School after the Easter

break and those who are preparing for examinations.

A number of our congregation are unwell, at home or in hospital, and we wish them all the very best for a speedy recovery.

We send our very best wishes to Alun Jones, who is in St David's Hospital after a fall. Alun would welcome visitors but hopes to be home soon.

Every Blessing,

Anne

CHURCH LECTERNS

We now have two spare lecterns and both have dedications on them:

1. In Loving Memory of Alfred and Edith Barrett Presented by their Son and Daughter
2. In Memory of the Revd Levi J Evans BA

We would very much like to have more information about these. If you are able to help, can you please get in touch with Barbara Rhys by email or mobile phone. Contact information is in the Church directory. Thank you.

Ministers in the Pastorate:

Revd. Martha McInnes

Revd. David Dean

Email: ministers@beulahurc.org.uk

Church Secretary: Email: secretary@beulahurc.org.uk

Church Treasurer: Email: treasurer@beulahurc.org.uk

Church Office: Email: bookings@beulahurc.org.uk



CONTACT

Exhibition in Memory of Christine Phelps

A big THANK YOU to everyone who came along & supported the Exhibition of Chris's paintings. It was a wonderful day & so good to see so many of you all. What a talented lady she was! It was lovely to see people taking paintings away to enjoy. The grand total was £1,400.00! Very generous of everybody. So this will be split equally with £700.00 going to Beulah KIN & £700.00 to City Hospice.

Jo, Mark & 'boys' x

Communion Bread

If anyone would like a gluten free option for Communion bread, please could you get in touch with me.

Anne

Space4U Food Collection

A reminder that a box will be available in the porch next Sunday (1st Sunday of the month) for donations of food items for Space4U - long life milk, fruit juice and tins of tomatoes.

Thanks
Jenny

Dear Friends,

I would like to say another big thank you, for my beautiful bouquet of flowers, for my 90th birthday.

They are superb, and actually still quite fresh.

Thank you for your kindness, and especially for your prayers.

With love, thoughts and prayers,

Cynthia xxxx

To Beulah Church family.

A big thank you to you all for the lovely flowers Eleanor kindly brought for me.

They are giving me so much pleasure.

Pleased to say that I am feeling a lot better.

Hopefully the warm weather and sunshine ahead will give us all a boost. - Happy and healthy spring and summer.

With good wishes from
Margaret Clee.

Tots

Tots will start back on April 29th with new leaders- Nicola and Wendy.

The Huddle

The Huddle will resume on Wednesday 30th April.

Letter from the Manse

(Continued from Front page)

The uncertainty the disciples experienced at the empty tomb is not the last word. For them it was the beginning of the journey. After the empty tomb, Mary encountered Jesus in the early morning garden. Jesus found the disciples in a locked room. He met them by a lake in the predawn light after a night of fishing and on the road to Emmaus.

The death of Jesus was a reminder of the deep pain of the world. His death points to the pain that is always part of the human story. In contrast the resurrection of Jesus writes a new chapter in the human story. Brown Taylor also writes, 'I have learned things in the dark that I could never have learned in the light, things that have saved my life over and over again.'

Resurrection reminds us that our lives are the story of hope born once more--even in or especially in--darkness, and Jesus is just ahead of us, showing us the way, or beside us guiding us on our way.

Even after the celebrations of Easter are complete we remember: Christ is Risen! Christ is Risen Indeed!

Peace,
Martha and David





**Look out for ways to GIVE, ACT and PRAY during
CHRISTIAN AID WEEK 11th – 17th May 2025**

BIG BREKKIE

**Saturday, 17th May in Canolfan Beulah from 9.30am
– 11.30am**

**Please join us for our popular life-saving, world-
changing breakfast!**

You can hear about Christian Aid's projects and
campaigning, share conversation over continental
breakfast and take part in our traditional quiz.

This is a family occasion - all are very welcome!

Please tuck in to change lives!

DELIVERY-ONLY ENVELOPES

Please think about volunteering to deliver envelopes
during this year's Christian Aid Week. You don't need to
go back to collect your envelopes anymore, so it's a
much easier job than before! We need your help so, if
you can take on a couple of streets, please sign the list in
the church foyer.

CHRISTIAN AID SERVICE and the chance to donate in Beulah

Gethin Rhys is leading a Christian Aid service on
Sunday 18th May.

Envelopes and the card reader will be available for
donations after worship.

Monthly Community Meal

The Community Meal is on
the **4th Sunday of the
month, upstairs in the
Canolfan at 12.30**. Everyone
is welcome to enjoy a
delicious lunch in a relaxed
and welcoming
environment. So please
spread the word and invite
your friends.

Beulah is covering the cost of
the meal, donations will go
towards KIN. If donations are
high a small kitty is being
held back to reimburse those
contributing ingredients.
Rhian Jones has kindly
agreed to manage the kitty.

Please speak to Marianne
Barwise if you would like to
help with the meal in any
way, or have ideas how we
can spread the word in the
local community. We are
using locally sourced
ingredients, being prepped
at home, to make a hearty
Sunday lunch. Jobs include
prepping veg, setting up
tables, making puddings,
serving, washing up &
befriending. A rota of helpers
will share sustaining the
regular commitment. Thank
you to all who are already
helping.

Family Film Show

May's film is a British animation where out of this world fun crash lands onto the farm.

Family Friendly,
certified U.

Beulah URC

Family Film Shows

Family favourites on the big screen
Suitable for all ages*



Saturday afternoons 3.00pm
17th May

Canolfan Beulah, Rhiwbina Village

FREE of charge

Interval ice cream No booking required

** Under 18s must be accompanied by an adult*

Crossroads Concert

MAY

Wednesday Lunchtime Recital
May 28th at 1.00pm

Owain Rowlands - baritone
Caradog Williams - piano

The spring/summer recitals
continue with Owain
Rowlands - and Caradog
Williams.

Each year we try to ask the
winner of the National
Eisteddfod Towyn Roberts
Competition to come and sing
for us in Beulah.

Owain was the very talented
winner of the 2024
Competition!

Come and hear his
programme of songs and
arias.

Tickets on the door £8

Trix

Crossroads Concert

APRIL

Wednesday 30th April at 1.00pm

Katie Bartels – flute with Catherine Milledge – piano

Katie was the winner of the Welsh Colleges most prestigious music
award in 2024, The Ian Stoutsker Prize. Now this very talented
musician is playing in Beulah together with her accompanist
Catherine Milledge a programme which will give us a different
sound world.

Tickets £8 on the door as usual

Trix

ROTAS

<u>Date</u>	<u>AV</u>	<u>Readers</u>	<u>Intercessions</u>	<u>Flowers</u>	<u>Arranger</u>
May					
4th	Nigel Barwise	Louise Morgan	Eleanor Mills	Jill & Peter Ferdinando	Jill Ferdinando
11th	James Hall	Liz McCarthy	Pat Ruddock	Vera & Pat Ruddock	Arlene
18th	Richard Sweetnam	Naomi Williams	Louise Morgan	Ann & Frank Rees	Ann Brown
25th	Nigel Barwise	Peter Ferdinando	Colin Grimes	Marianne	Marianne
June					
1st	Andy Wales	Andrew Glanfield	tba	Bev & Ian Hampson	Karen
8th	Andrew Glanfield	Neil Kidd	tba	Mary Edwards	Beverley
15 th	Ian McDowell	Bev Hampson	tba	tba	Marianne
22nd	Richard Sweetnam	Audrey Budding	tba	Karen	Karen
29th	James Hall	Fiona Liddell	tba	tba	tba

Editors' Note

The **deadline** for articles to be included in the **June 2025** edition of **Crossroads** is **Sunday 18th May**.

Contributions should be sent to Colin, in person, by post or by email at: **crossroads@beulahurc.org.uk**

Editors:

Colin Grimes,
Nigel Barwise

Email: **crossroads@beulahurc.org.uk**



Church Transport

Need a lift to and from church on Sundays? Please mention it to your Pastoral Elder, or Tony Webb, or Ann and Colin, and we will do our best to arrange it.

Visit the Beulah website at: **<http://www.beulahurc.org.uk/>**

KIN REPORT

Firstly, thank you to everyone who helped to make all our Easter events such a success. Whether shopping for supplies, providing soup, laying up tables, waiting on tables, washing up – and there was a lot! – making up Easter hampers or buying raffle tickets, your help was greatly appreciated. And, of course, special thanks to everyone who came along to any or all of the events and for your very generous donations to both ShelterBox and Christian Aid.

The totals raised so far are as follows:

For ShelterBox:

Good Friday Lunch	£509.00 (which includes a donation of £200.00 made direct to Shelterbox) £190.00 of this was gift aided.
Easter Raffle	£242.00

For Christian Aid:

(the money raised will be sent to Christian Aid's Myanmar Earthquake Appeal)

Easter Breakfast and Retiring Collection:

£462.00 of which £350.00 was gift aided.

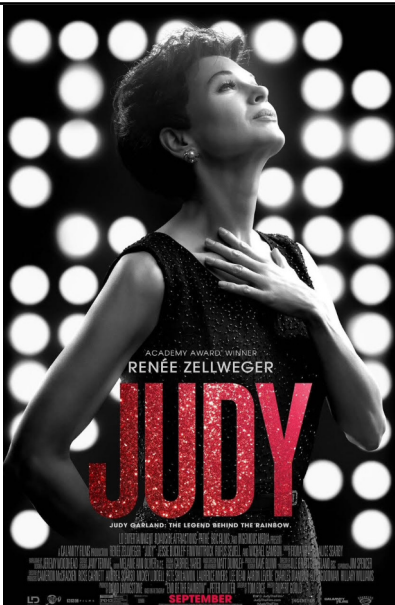
Thai crosses (generously donated by Arlene) £80.00

With so much need in the world, every penny you have given will help someone, somewhere.
THANK YOU.

FORTHCOMING EVENTS

11-17 May is Christian Aid week, and we will be looking for your help to take – delivery only - Christian Aid envelopes locally door to door.

On **Saturday 17 May 9.30 to 11.30 am** we will be holding The Big Brekkie in the Leaver Room of the Canolfan. We hope our local MP will be able to attend as well as Christian Aid representatives and others. We also hope you will be able to come along and support this enjoyable and informative event.



'JUDY' (12)

Saturday 10th May 2025

7.30pm Canolfan Beulah

Thirty years after starring in The Wizard of Oz (1939), beloved actress and singer Judy Garland (Renée Zellweger) arrives in London, England to perform sold-out shows at the Talk of the Town nightclub. While there, she reminisces with friends and fans and begins a whirlwind romance with musician Mickey Deans (Finn Wittrock), her soon-to-be fifth husband.

ELDERS' DUTY ROSTER

Date	Elder on duty (DE) & Stewards (S)	Vestry prayer	Communion		
			Minister's right	Minister's left	Preparation
			(P = Prayer)		
4th May Communion	Beverley Clay (DE) Fleur Richards (S) Hollie Thomas (S)	Jenny McDowell	Mark Stephens Marianne Barwise Keirsten Eales	Secretary Marion Williams Eileen Newington(P)	Mark Stephens
11th May	Philippa Ballisat (DE) Giles Ballisat (S) Cathy Wales (S)	Ian McDowell			
18th May	Keirsten Eales (DE) Mary Edwards (S) Barbara Clift (S)	Bev Hampson			
25th May	Jonathan Grimes (DE) Eleri John (S) Mike Warsop (S)	Andrew Glanfield			
1st June Communion	Marianne Barwise (DE) Nigel Barwise (S) Gaynor Rees (S)	Kaye Mundy	Eleanor Mills Barbara Rhys Louise Morgan	Secretary Beverley Clay (P) Marion Williams	Eleanor Mills
8th June	Philippa Ballisat (DE) Giles Ballisat (S) Denise Dickman (S)	Ian McDowell			
15th June	Keirsten Eales (DE) Mary Edwards (S) Barbara Clift (S)	Bev Hampson			
22nd June	Jonathan Grimes (DE) Harley Jones (S) Viv Jones (S)	Liz Kidd			
29th June	Marianne Barwise (DE) Nigel Barwise (S) Gaynor Rees (S)	Mark Stephens			

Mental Health Awareness

Mental Health Awareness week takes place from 12-18 May this year.

Linked to this we have arranged for 3 organisations to be available outside the Church on Saturday 10 May between 10.00 a.m. and 3.00 p.m. They are Papyrus, Head Above the Waves and Andy's Man Club.

Their volunteers will be available with their own material and to talk to people. The Whittaker Lounge will also be open during the whole time and one or two Beulah people will be there to support them. It would be good if others could come along and chat to them during the day.



**MENTAL
HEALTH
AWARENESS
WEEK**



TOGETHER FOR GOOD MENTAL HEALTH

12-18 MAY 2025



Celebrating our communities
and how they support good
mental health and wellbeing.

- X @mentalhealth
- P @ukmentalhealth
- in mental-health-foundation
- IG @mentalhealthfoundation

#ThisIsMyCommunity

mentalhealth.org.uk/mhaw



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Beulah United Reformed Church

May 2025

All welcome

Sunday 4 May	10.30am	Worship – Revd Martha McInnes/Revd David Dean Junior Church
	6.00pm	BWise
	5.45pm	Towards the End of the Day service, Canolfan
Saturday 10 May	10am-3pm	Mental Health Awareness Week
Sunday 11 May	10.30am	Worship - Revd Martha McInnes/Revd David Dean Junior Church
Tuesday 13 May	7.30pm	Theology on Tap, Deri Inn
Saturday 17 May	9.30-11.30	Christian Aid Big Brekkie, Canolfan
	3.00pm	Family Film, Canolfan
Sunday 18 May	10.30am	Worship -Revd Gethin Rhys Junior Church
Sunday 25 May	10.30am	Worship – Mrs Judy Harris Junior Church
	12.30pm	Community Meal
Wednesday 28 May	1.00pm	Lunchtime Concert – Owain Rowlands - baritone, Caradog Williams - piano

Sundays	7.15-9.00	Youth Fellowship (term time only)
Mondays	9.30-12.00	Miss Tilley’s Community Cafe (term time only)
	1.00-3.00	Women’s Fellowship (term time only)
Tuesdays	9.30-12.00	Miss Tilley’s Community Cafe (term time only)
	9.30-11.00	Beulah Tots (term time only)
Wednesdays	11.00-12.00	The Huddle (term time only)
Thursdays	9.30-12.30	Cafe Dosbarth (Term time only)
Fridays & Saturdays	10-12.30	Whittaker Lounge Cafe