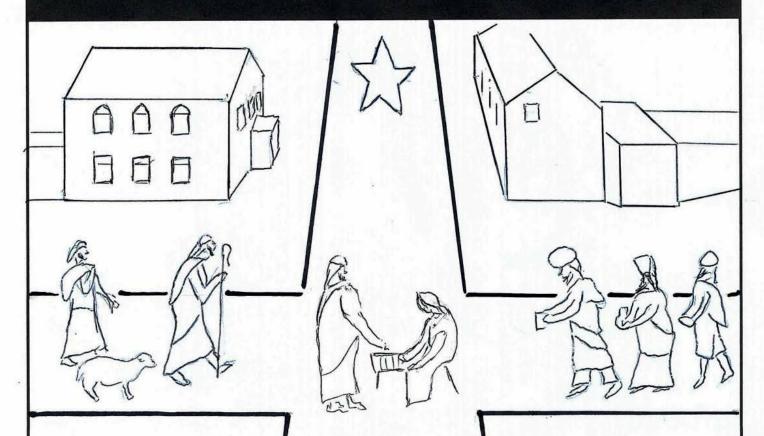
CHRISTMAS CROSSROADS

December 2020



Let us now go even unto Bethlehem and see this thing which is come to pass

The Monthly Newsletter of Beulah United Reformed Church



We have seen his star in the east and are come to worship him

> Part of the United Reformed Church Cardiff & Penarth Pastorate



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Flowing Streams, Bringing Life

Letter from The Manse



Dear Friends, In November 2005, our family moved from the UK to Florida. November and December hold two important holidays in the US-Thanksgiving and Christmas. So within weeks of arriving in the US we made a road trip to North Carolina to share Thanksgiving with Martha's family. After the holiday we sat down together to discuss what we would do for Christmas. This would be the first opportunity in our children's memory where they could have Christmas with our extended families. Martha was very excited about the options because she missed being with family on the

To our surprise the children didn't want to go anywhere on Christmas They were, and apparently had always been, content to just be the four of us. Christmas wasn't less of a celebration because we had only four people at our table. Christmas was opening presents. going to church, and having a fairly simple meal together - four people.

holidays.

We haven't yet sat down with our children and discussed what Christmas will hold this year. We are holding our breath - will we even be able to see each other?

With all the talk on news of allowing families to meet for Christmas, you would think that "family" is the purpose Christmas. Christmas isn't a celebration of family - much as we love to use the holidays to gather

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with family near and far. "Christmass" is the celebration of the birth of Jesus the one we know as the Christ, God's son. It is a celebration of the Word made flesh, the incarnation, the reality of God's love for us.

If we can't see the family the way we usually do, it will be painful, but the reality of God's love breaking into the world is no less real. The opportunity pause and to remember what we believe is still available.

Christmas is about celebrating a birth - a party. Advent, on the other which begins hand, on November, and runs up to Christmas, is about waiting and preparing for that birthday celebration.

Perhaps waiting has a different feel for us this year. We have spent most of this year under pandemic restrictions, waiting for them to ease or be more restrictive, hoping they will keep people from becoming ill. We have spent nine months waiting—for a rebirth perhaps?

We continue to wait. As we wait, perhaps we can ask ourselves, 'Where have I seen God this week?' It's easy to focus on what we can't do, yet despite the restrictions, God is present. So we might see God in the people and programmes developed to feed people. We might see God in the laughter of children playing in a park. We might see God in the

(Continued on page 3)

Letter from The Manse

(Continued from page 2)

phone call of a friend, reaching out to someone who has been bereaved. The incarnation - the Word made flesh - the centre of our Christmas celebrations - means God is still alive and active in the world.

After Annuniciation by M. L'Engle This is the irrational season

When love blooms bright and wild.

Had Mary been filled with reason There'd have been no room for the child.

Perhaps in this crazy time, there is more room for us to see God. for God continues to be present today, in people, in love, in service. If we pause our worrying about how we will celebrate Christmas, perhaps we will hear God in the voice of the one who says they are happy to have a quiet, simple gathering around manger and table - with the added bonus of a video caller miles away sharing their meal as we share our meal, opening their presents with us on the call, telling stories of years past and planning for years to come.

Yours in Christ,

Martha and David



CHURCH NOTES

Christmas seemed a long way off however we are now starting a new Christian Year. Advent is beginning and we are starting to meet up again in person. Last year we were thinking about our Advent 'Hopes and Dreams' wondering what uncertainties we would face. This was definitely not anticipated. We have had to adapt to new ways through the year with many challenges along the way.



The many services and events we usually hold throughout this time are being organised in various ways, in person, on Zoom, and live streaming. More details will follow. Thank you to everyone who is involved in the planning as there is a great amount of work taking place and it is very much appreciated.

Thank you to those involved and those who attended the recent Garden Worship and communion service. We didn't have to cancel, although waterproofs were required, and the shelter remained in place. Thank you to those who volunteered to be stewards and to David for a very thoughtful service. As we are now planning indoor worship services too, we will require some more volunteers. If you would be willing to steward at a service, and your personal risk allows, please do let me know.

Last week our Outdoor Church service also successfully took place in the local park with many families attending. If you missed it then there is another planned for the 15th.

Best wishes to everyone for Christmas and New Year and thoughts and prayers to those who have been unwell or in hospital recently. It has been some time since we have all been able to be together and I look forward to seeing you in the New Year.

Good Wishes.

Anne

THANK YOU

Thank you to all our Beulah family for the love and care shown to us during Vera's illness and following her death last month. Despite no hugs and limited visits, we were supported and loved in so many other ways. Vera's funeral was held on a bright, sunny winter's day and, although we weren't in Beulah, Beulah was with us.

With love, John, Kevin, Marion & all the family.

Ministers in the Pastorate:

Revd. Martha McInnes, Revd. David Dean,

Email: ministers@beulahurc.org.uk

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Church Secretary: Anne Wilkes, Email: secretary@beulahurc.org.uk
Church Treasurer: Barbara Rhys, Email: treasurer@beulahurc.org.uk
Church Office: Administrator - Helen White, Email: admin@beulahurc.org.uk

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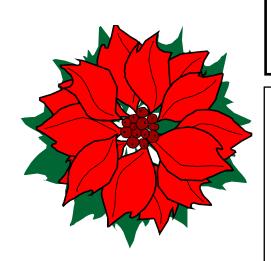
THANK YOU

My porch and I would like to say a big Thank You to everyone has delivered food. toiletries, shoe boxes etc to my house. I don't know who you are, but food items have magically appeared. So just to let you know where it goes - over Harvest I have given carrier socks/underwear/ baas of tolietries to Karen for Huggard Centre, Jenny for Space4U, Denise for Romania, 30 carrier bags full of food items to Foodbank and I gave a carrier bag of toiletries to Roland McDonald House - sorry I know we weren't collecting for them, but they put out an appeal for toiletries for families who arrive at the House, and I thought you wouldn't mind helpiing out.

Can I also say a big thank you to Eleanor Mills and Julie Jones for taking the food to foodbank - it helps so much. I'll total up how much we gave next month. So my porch says thank you - and so do I - and we are happy to continue collecting.

Many thanks

Eleri



FRONT COVER

You may be asking yourselves: 'why has our front cover changed this month?'

Well, early in November, a large envelope arrived in the post, which contained the following letter and some artwork 'from another time!':

Dinas Powys
6th Mov 2020

The Editors, Beulah Crossroads.

Dear Sirs,

Further to my winning design & title of "Beulah Crossroads" (1982), I humbly submit for your consideration, a cover for this December's edition of Crossroads.

I accept that "the Editor's decision is final."

If you decide to use it, I will be pleased to pay for the extra cost.

Yours faithfully, Haydn

Many of you who know Dr. Haydn Jones, will recognise the 'formal' nature of his letter, and his self-effacing style, and some may even remember the events that led up to a change for Beulah's monthly newsletter. The front cover of the newsletter has gone through a number of changes over the decades, but it was Dr. Haydn Jones, who broke the mould by providing a front cover which included some eye-catching artwork, and the meaningful title, "Crossroads."

With Beulah located at the centre of the village, at the CROSS-roads, it was an appropriate name for our monthly newsletter and it has stuck. So, thank you, Haydn, for your creativity, and for reminding us of a little bit of history at Beulah.

Colin.

Christmas Opportunities

A reminder that we are putting together a video Lessons and Carols. We would love your creative ideas. If you are inspired to send a picture, or create video of, for one of the lessons, please get in touch with Andrew Wilson-Dickson

Christmas Stars

If you are willing to help deliver stars to people in the pastorate, please let me know. If you



need me to collect stars you are making from you, also let me know. Thanks for all your inspiring ideas.

Martha

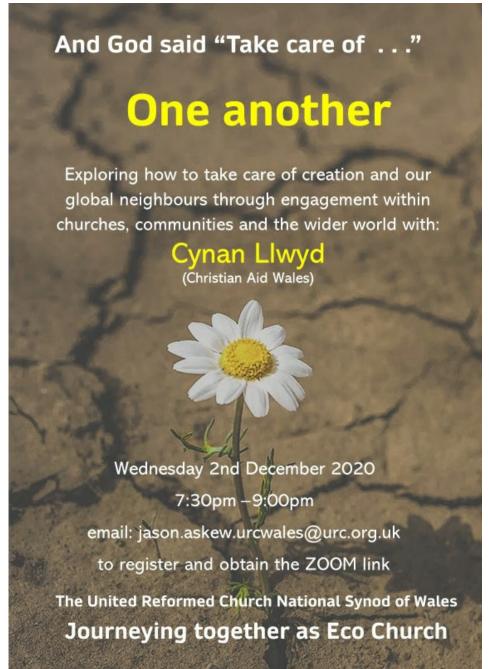
WHITCHURCH, RHIWBINA & BIRCHGROVE WORSHIP

DURING THIS TIME OF COVID 2020

Everyone IS INVITED to join Friends from thirteen local Churches in VIRTUAL WORSHIP

10.15am – 10.45am 19th DECEMBER 2020 led by RHIWBINA BAPTIST CHURCH

30th JANUARY 2021 led by BETHANY BAPTIST CHURCH



OPERATION CHRISTMAS CHILD



A very big **THANK YOU** to everyone who provided shoe boxes, knitted items, and money for the Shoebox Appeal.

We delivered 55 boxes to the collection point at St. Thomases Church this year.

Many thanks, *Ann and Colin.*



Wednesday Prayers

Just in case you were waiting for a link, the Wednesday Evening Prayers, on Zoom, have finished.

Beulah

United Reformed Church

Light for our Loss



We light a candle to cherish those we love who are lost to us through death.

> A Candle Lit Carol Service

Sunday 6th December 2020

Light for Our Loss Service 6th December

If you would like to attend this service please book your place by contacting:

admin@beulahurc.org.uk

secretary@beulahurc.org.uk by 1st December 2020 with your and contact phone number.

This is a simple reflective service, with some readings and music and the opportunity to light a candle in memory of those we have lost. This year it has been difficult to gather in church and, due to current government restrictions, there will not be any singing.

It is likely there will be 2 services, one at 6.00pm and the second at 7.30pm, and further information will be confirmed with you by the 4th December.

This service will also be live on Beulah URC Facebook for those that are unable to attend in person.

Need an Idea for Christmas Presents?

If you're thinking of buying Christmas presents for family and friends, but not sure what to get. Here is the answer to your prayers! Beulah's "Lockdown Recipe Book" will be available for purchase very soon, possibly by the time you're reading this.

The Recipe Book is filled with the much-loved recipes of members the British Heart Foundation, in and friends of Beulah, with ideas for Elaine's memory. each meal of the day, and a wonderful range of cakes to bake.

Massive thanks must go to printing, whilst Ann and I helped out stock for your needs! by helping with the proof reading.

The price of this long awaited 'must-have' addition to the kitchen bookshelf is a very reasonable £5. However, as this was the brainchild of Elaine (who didn't cook or bake!!), and Ann has been very much the driving force behind getting it produced, we would suggest an additional donation of £2.50 towards

Copies will be available from Ann Grimes, Eleri John and Barbara Rhys. Just call one of them on the Helen White, for her hard work in phone before you knock the door, to preparing the book layout for ensure they have enough copies in

Colin



Visit the Beulah website at: http://www.beulahurc.org.uk/

KIN (Kindred in Need) Together we care and together we share

CHRISTMAS COFFEE MORNING for all the family



Saturday 19th December at 10.30am on Zoom



This year the Christmas Coffee Morning will move online for the first time – it will be a bit different, but there will still be plenty of festive entertainment with music, conversation, carols, mince pies, cake and coffee (bring your own!), fellowship and fun.

We'll be raising money for ShelterBox and you can donate here:

https://www.justgiving.com/fundraising/Eileen-Newington

When you make a donation, you will be allocated a ticket(s) for our Christmas Raffle. NB Please add your name and, on this occasion, do not Gift Aid your donation

Please join us for coffee ... all are very welcome

There will be a mixture of live music and recorded music, as well as carols and Christmas songs for everyone to join in with. The Cheer family would love to hear from anyone who'd be willing to contribute a short musical item (sung or



played) or perhaps something else Christmassy – maybe a poem or a joke? The coffee morning is a fun and informal event, and neither age (high or low) nor experience (modest or extensive) should prevent anyone from joining in!

Please get in touch with Brenda and John

CHRISTMAS HAMPER RAFFLE in aid of ShelterBox

Christmas Hampers for adults and children ... only £2.00 a ticket!

Donate to our **Christmas Coffee Morning** and you will automatically be allocated the correct number of raffle tickets.

https://www.justgiving.com/ f u n d r a i s i n g / E i l e e n -Newington

Please make your donation by 12 noon on Friday 18th December to be included in the raffle draw at our coffee morning.

Make sure you add your name on the JustGiving page and, on this occasion, please do not Gift Aid your donation.

OR ...

You may prefer to ask whoever delivers your Crossroads to place your donation for you. Just give them the cash for the number of tickets you would like. They will kindly do the rest ... and you'll be in the draw with everyone else!

Any questions, please phone Eileen

(See next page for pictures of the wonderful prizes available)

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THANKS

months owing to the 'virus'. Nevertheless, we are truly Nigel Barwise, Giles Ballisat, and Ann Grimes, Harley Jones, Sampson, Catherine Tyler, the New Year.

I am sure that Joan Ridley would In Memoriam and members of the Church held Jones, Sally Jones, Denie Leech,

It is the time of year again when coffee mornings, jumble sales, did Margaret we need to thank our kind gardening for members, ran or Weaver and Ben Wilson. We will volunteer drivers for transporting walked 'Marathons' around Roath always remember them. us to Beulah for morning service, Park Lake, collected Green Shield even if it was only for three Stamps, and eventually a second Heather Coles, Betty Hulston, hand minibus was purchased. We Bronwen James, Rubina Lewis, no longer have a minibus, but all Joyce Matthias, Joan Ridley, and grateful. They are: Marianne and the kind people mentioned above Elinor Ludlow. ensure that Joan's vision has Audrey and Ian Budding, Colin continued. Amazingly, three of the On a personal note, I would like original Youth Club are amongst to thank Martha and David for Keith Jones, Huw Morgan, Bill our current drivers: Colin, Huw and the splendid Sunday Zoom and Keith, and even more amazing -Michael Warsop and Tony Webb. Joan is a passenger!! Thank you, We wish you and your families Joan, and all the drivers who every blessing for Christmas and through the years have ensured to talk to folk I have never met our presence in Beulah.

not have imagined that her We are sad to report the passing generous idea would last over 50 of so many of our friends this year years. In lieu of flowers for her and are a little comforted to know husband, Bob David's funeral, that our Ministers were 'there for Christmas Greetings and a Good she suggested fund raising for a them' when we could not. Thank New Year to all my Beulah family. minibus to collect our 'old dears' you Martha and David. They were for Sunday evening worship. The Gwladys Brown (an early Minibus Youth Club, Youth Fellowship traveller), Margaret Johns, Mary

Maynard, Grace

MixCloud services, and all those who have taken part. It has been good to see so many faces and, before. You have kept us all together and we thank you for May you both have a Blessed Christmas and a Happier New year.

With Love,

Elinor

CHRISTMAS HAMPER PRIZES (see page 7)



BEULAH TOTS

As many of you know, Beulah Tots is a group for little people and their parents/ grandparents/ child minders which normally meets every Tuesday morning in term time in the Canolfan between 9.30 and 11.00am. It is an extremely popular, busy and lively group and there is equipment on site.

Unfortunately, the two ladies who have been running it have now returned to teaching as their children are older and they are having difficulty finding anyone to take over

(Continued on p.9)

Preparations are underway...

... for a festive and socially distanced Christmas with our Beulah children and young people.

Our youngest children are already working on their contributions to our Christmas Eve Blessing the crib zoom service. Some filming will be taking place in the Canolfan garden over the next few weeks.

Older children and young people are working on a script for the pastorate zoom service December 20th. Parts are being allocated and there is scope for others to be involved in doing readings (either on or off camera), doing drawings to illustrate some elements of the Christmas story, or joining our excellent production team. If you would like to be involved, contact Marion Williams by 1st December.

We encourage you to invite grandparents, friends and relatives to join either or both of these services. You can pass on

the zoom link for them to join. Please let Helen, in the office:

admin@beulahurc.org.uk have the names of those you are inviting. This makes it easier for our tech people to recognise visitors names and admit them to the service from the virtual waiting

Our second Outdoor church session for children and their families will take place on the afternoon of Sunday 13th December, with an Advent theme. Those on the Junior church mailing will be getting more details about that shortly and, as usual, will need to book via Helen in the office.

Many children have been busy making Christmas cards which will be sent out to wish some of our older members a Happy Christmas from the church fellowship; and Fellowship are busily preparing goody bags to deliver to older members of our community who would in previous years have been invited to Beulah for Christmas Day.

Advent activity packs are being distributed for children to enjoy between now and Christmas: primary have had their special packs and scrapbooks already. URC gift packs of 'Advent hope and Joy' are being distributed to Juniors, Seniors and others who would like one.

The Canolfan garden will be transformed in the coming weeks, with elements of the nativity scene. We need some bright stars to twinkle above the stable and have some ready-made wooden stars for children to decorate with anything bright and sparkly. If you would like to have one of these, or if you would like, and haven't yet had, an Advent activity pack, please contact Fiona We would like stars back by 5th December - let Fiona know when yours are ready.

Fiona Liddell

BEULAH TOTS

(Continued from p.8)

the task of leading the group. Unless someone is prepared to do this it will mean the group will have to cease meeting after many years. Members of Beulah started this group when their children were babies, and it would be such a shame if it had to fold.

If you feel you could help or would like more information, please let me know and I can then put you in touch with the current leaders if you are interested to know more. Thank you.

Barbara Rhys

A Big Thank You

We'd like to say a big thank you many regulars and new faces as they from Beulah to Eleanor Mills and have started secondary school and Angie Hughes who are stepping down moved up through the years. from their roles in running Youth Drop In on Friday afternoons after school. children have benefitted from being We are very grateful for all they've done in supporting young people from Beulah, and the wider community, for giving them a space to be together and for all the great activities they've coordinated. We're truly thankful for their time, energy, enthusiasm and drive in setting up the group and events for Christmas, Easter, Chinese keeping it running brilliantly.

Elaine Edwards in 2015, with Angie from different countries around the joining the team more recently. It world. filled a huge gap for our young people aged 11-14 and was popular straight away. It's continued to attract both

On a personal note, both my own able to be part of the Friday group. Eva really appreciated being able to catch up with friends both from Beulah and from the Rhiwbina area who had moved on to different secondary schools. Jonathan particularly remembers the special New Year and Children in Need and Eleanor set up Youth Drop In with the fun quizzes (and food tasting!)

> Many thanks to you both. Hollie Glanfield

Christmas in Beulah



A favourite story in the Glanfield household is 'How the Grinch Stole Christmas' by Dr Seuss. We have the book and an accompanying CD where the story is read with a wonderful kindness by the comedy legend Rik Mayall.

We pick up the story where the Grinch has just stolen all Christmas presents so that the poor Whos, in Whoville, can't have Christmas. But all does not go as the Grinch anticipates.....

"Pooh-pooh to the Whos!" he was grinchily humming.

"They're finding out now that no ten Grinches, plus two! Christmas is coming!

They're just waking up! I know just what they'll do!

Their mouths will hang open a minute or two

Then the Whos down in Whoville will all cry boo-hoo!

That's a noise," grinned the Grinch, "that I simply must hear!"

He paused, and the Grinch put a hand to his ear.

And he did hear a sound rising over the snow.

It started in low, then it started to grow.

But this sound wasn't sad! Why, this sound sounded glad! Every Who down in Whoville, the tall and the small.

Was singing without any presents at all!

He hadn't stopped Christmas from coming! It came!

Somehow or other, it came just the same!

And the Grinch, with his grinch feet ice-cold in the snow,

Stood puzzling and puzzling. "How could it be so?

It came without ribbons! It came without tags!

It came without packages, boxes, or bags!"

He puzzled and puzzled till his

puzzler was sore.

Then the Grinch thought of something he hadn't before.

Maybe Christmas, he thought, doesn't come from a store.

Maybe Christmas, perhaps, means a little bit more!

And what happened then? Well, in Whoville they say.

That the Grinch's small heart grew three sizes that day!

And then the true meaning of Christmas came through, And the Grinch found the strength of ten Grinches, plus two!

This year, Covid 19 will mean a very different Advent season for us all. But, just as for the Whos, Christ will come and we will celebrate the glory of His arrival. Our Advent may feel a little darker and colder than usual, but God will wrap us in the warmth of her love and the Holy Spirit will shine his light to lead us to the Christ child. Halleluiah!

So what will Advent and Christmas feel like for us this year? We have a lot planned in Beulah (as well as our usual 10:30am Sunday Zoom services of course – which will continue throughout):

- · Sunday 29th November. First Sunday in Advent. Towards the End of the Day. Advent prayer and song (including music from Taize). Early evening (exact time tbc). Zoom.
- Sunday 6th December. Light for our Loss service. In Church. Booking will be required. We plan to run two sittings 6:00pm and 7:30pm.
- Sunday 13th December. Morning worship in Church. Booking will be required – 10:30am.
- · <u>Sunday 13th December.</u>
 Outdoor Junior Church with advent theme. Booking will be required time and venue to be confirmed.

- · <u>Saturday 19th December.</u> KIN Coffee Morning. Including the draw of the Advent raffle. In aid of Shelterbox. 10.30am. Zoom.
- · <u>Sunday 20th December.</u> Seniors' Christmas Service. 10.30am. Zoom.
- · <u>Sunday 20th December.</u> Lessons and Carols. 7:00pm. Zoom.
- · <u>Thursday 24th December.</u> Christmas Eve. Blessing the Crib. 5.00pm. Zoom.
- Thursday 24th December. Christmas Eve. 'Rhiwbina Advent Stars' community service in aid of Ty Hafan and Noah's Ark Children's Hospital. 7:00pm. Live on Beulah URC FaceBook page.
- <u>Thursday 24th December.</u> Christmas Eve. Midnight Mass. In Church. 11:30pm. Booking will be required. We may run a second sitting at 10:00pm if there is sufficient interest.
- · Friday 25th December. Christmas Morn. Family Service. Kids bring your favourite Christmas present along to share with the congregation! 10:30am. Zoom.

As well as these activities, the McCarthy family will be delivering goodie bags, packed with the help of the Youth Fellowship, to those who would normally join us for Christmas lunch. We will be having an Advent booklet and an Advent DVD, which are currently being prepared. Many of us will also have collected our Advent swags, adding Christmas cheer to our front doors. We are also considering whether we might be able to safely undertake some carol singing around the Village.

We'll also be seeing if we can hold Outdoor Church and Garden Church services in December – but these will be very weather dependant and all (Continued on p.11)

Christmas in Beulah

(Continued from p.10)

our health safety is paramount at this time.

Further information on all of the above will be coming out via the Pastoral Elders, but if you would like to be involved in any of these activities please let our Church Administrator, Helen White, know and she can put you in touch with the organisers. Please also keep an eye on the Beulah Friends Facebook group.

So, not quite our normal Advent and Christmas, but the Grinch that is Covid-19 can't stop the coming of our Lord and Saviour!

> God Bless. Andrew Glanfield

Christmas Donations for Space4U and **The Huggard Centre** Mansell's Estate Agency

Many of you will know Diane and Philip Grimson who attend Beulah. They have kindly offered to provide a drop-off point in Mansell's Estate Agency y Deri, for on Heol donations of toiletries shampoo, shower gel, soap, toothpaste toothbrushes. In addition, donations of socks. boxers and pants would also be welcome. All donations will be divided between The Huggard Centre, working with the homeless, and Space4U, working with refugees and asylum seekers in Cardiff.

Memories

When I walked past Beulah last display in the window I was transported back to The Beulah Players show in December 2018. We had a great time rehearsing and performing our tribute to The would have been possible without Suffragettes, the R.A.F. and the the help of my friends brave men and women who lost Stapleton (my co-producer), Lucy their lives in the First World

The profits from the ticket sales and the raffle enabled us to send £200 to The Royal **British** Legion рорру appeal.

War.

show for a very long time.

March 2019, and 3 months in hospital, I was unable to organise a production last Christmas, although my wonderful Beulah Players friends arranged a Christmas meal at the this short notice. Juboraj instead.

Coronavirus has thwarted us yet friends. again.

to thank all the Beulah Players, past am still hoping that we might be and present, for all their hard work able to get back together in the over the years. It has been a great future, when the world returns to pleasure working with you all, and I hope you have enjoyed it as much as I have.

Thanks also all supporters, the audiences who have and I hope that "we'll meet again" turned up, year after year, to watch when we "follow the yellow brick us.

wonderful productions in the church business!!" - "A Christmas Carol", "Midsummer Night's Dream," "The Nativity", "Our Town" and many others.

Not forgetting, of course, the week and saw the beautiful poppy shows in the Canolfan - "Old Time Music Hall", The Sound Of Music", "The Wizard of Oz", pantos galore and musical reviews of all types.

Of course, none of these shows

Chiplin (and all wonderful backstage helpers).

> Then there were the pianists, guitar players and drummers particularly Dr Alun Jones, Mrs Dorothy Jones, Ruth

Little did I know at the time that Williams and Jeremy Jones (no it would be the last Beulah Players relation to either Dr Alun or Dorothy)

Please forgive me if I have left Following my brain injury in anyone out, but there have been so many wonderful people who have helped the Beulah Players over the last 35 years that it would be impossible to mention them all in

I would just like to remember all I was so looking forward to being those Beulah Players who have gone able to put on a show in 2020, but to the great theatre in the sky, and alas, it was not to be. The dastardly who are dearly missed by all their

It has been a privilege and a I wanted to take this opportunity pleasure working with you all, and I normal.

I am not quite ready to say goodbye, or indeed "So long our farewell" to The Beulah Players yet, road", because, as we all know, I can look back on all the "there's no business like show-

> Thanks a million, Carol Coleman











RECYCLE YOUR
WRAPPERS ETC.
SAT 14TH NOV, 12TH
DEC & 16TH JAN
10AM - 3PM
OUTSIDE THE



LITTLE PEOPLE STORE













For more info see our facebook page.

Christmas Eve Carols

outside the Margaret Whittaker Lounge ... perhaps!

As you all know, Carol Singing around the streets of Rhiwbina is one of Beulah's favourite Christmas traditions. Sadly, as with so many other things, it has not been possible this year. However, we are hoping to be able to organise some Carol Singing on Christmas Eve outside the Margaret Whittaker Lounge. It is always such a joyful occasion with

families and passers by stopping to listen, or passengers hurriedly donating a bit of money before the lights traffic change! Please look out for further details. We may have to do things slightly differently this year, but we're sure the community would especially pleased to hear and see us and to join with us in

the celebration of Christmas.

CHRISTMAS GIFTS 2020

We would be grateful to once again receive your gifts of Christmas Food/Chocolates for families who are supported by the Family Intervention Support Services and Cardiff Children Services [no alcohol please].

Please deliver your gifts to Ann Grimes (address in Church Directory) between Monday 7th and Sunday 13th December.

Thank you, Barbara

Editor's Note

The deadline for articles to be included in the January 2021 edition of Crossroads is Sunday 27th December and Huw will be editing.

Editorial Team

Colin Grimes,

Huw Morgan,

Please note, new editorial email address: crossroads@beulahurc.org.uk

Energy and Heating Replacement Feasibility Study on the Canolfan: further update from the Eco Group

You may remember that in July's Crossroads there was an update from the Eco Group outlining the issues and actions around replacing the boiler in the Canolfan. The boiler had reached the end of its life and would need replacing in the autumn of 2020.

Beulah had commissioned a feasibility study to explore options for reducing substantially the carbon footprint and energy usage in the Canolfan in line with Eco Church commitments and the wishes of the church's membership. Holloway Partnership's draft report was received in August. Members of the Eco Group were invited to the Elders meeting on 14th September to discuss the findings of the report and its recommendations.

The following is a very brief summary of the points discussed:

- The aim of commissioning the study was to explore whether Canolfan Beulah could be a beacon for sustainability in the drive towards carbon neutral buildings in line with Synod policy. The study has shown there is scope for very significant reductions in energy use and carbon emissions, achieving this beacon aim. Not surprisingly, a 'complete' solution comes at quite significant capital cost but the study has provided insights into partial or staged solutions that are worthy of serious consideration.
- The most complete and viable way of reducing the energy usage and carbon footprint of the Canolfan is first to reduce energy demand (by improving the fabric of the building), then to consider changing the heat source (from gas-fired boiler to electric air source heat pump).

- The greatest heat loss is through the walls so insulating them externally would significantly reduce heating demand and warm air leakage. This intervention is expensive however.
- Adding insulation in the loft spaces (over the studio, the kitchen and the youth room) would be simple and cheap, but the reduction in heating demand is small.
- Replacing the windows could offer some energy savings but at significant cost so this is not recommended on its own.

Options for reducing heating emissions are:

New gas boiler: c. £8,000.

New gas boiler, plus insulate loft spaces: as above, plus c. £1.500.

Insulate walls and loft spaces, new radiators, air source heat pump (ASHP):

c. £90,000-£120,000. (Possible reduction of 85% in carbon dioxide emissions.)

Insulate loft spaces, new radiators, ASHP: c. £32,000. (Possible reduction of 75% carbon dioxide emissions with projected decarbonisation of electricity grid.)

The Elders and Leadership Team gave all the options careful consideration but decided that, at the moment, the only course of action open was to replace the boiler for immediate use during the autumn. This has now been completed and a new gas boiler is operational. It was also agreed that the loft insulation should be carried out as soon as possible.

The Elders emphasised that these steps were being taken as

an interim measure and agreed that Beulah should pursue the bigger picture.

Reducing the energy needed to heat the Canolfan remains by far the largest single step we can take towards Beulah becoming carbon neutral by 2040 in line with URC Synod policy. We are also committed to making the beacon Canolfan а sustainability in Rhiwbina, Cardiff and beyond. The project will benefit the local community as well as Beulah. This commitment was backed by the Elders and Leadership Team at their recent meeting.

The Eco Group is planning to form a satellite group to work solely on this substantial project and will be seeking support from within Beulah and the wider community. We will be looking for expertise in several areas including with grant funding, further development of options, seeking community support and exploring precedents already set. Our aim is to launch the new group early in the New Year.

Please email or speak to Eileen Newington or Pat Ruddock if you would like further details or feel you could help. We would welcome your interest and would be glad to hear from you.













Please support our Christmas Coffee Morning and Raffle

In 2020, SHELTERBOX helped families from Cameroon to Syria.

From cyclones in Oceania to conflict in the Middle East, volcanoes in the Pacific to militia groups in Central Africa, emergencies and disasters are driving families from their homes. ShelterBox is giving those families life-changing shelter - somewhere dry and warm where they can sleep, cook and be together in safety.

You too can help give them a chance to start rebuilding their lives.

You can offer some assistance to needy children and young people in Cardiff this Christmas by supporting

City URC's Christmas Gift appeal!



We are collecting toys, toiletries, and Christmas food for our local Salvation Army. They will distribute the gifts to struggling families and so help make this Christmas be a little special. (PS: they especially require gifts suitable for older children and teenagers)

Please drop off your donations at City URC on Mondays, Wednesdays or Fridays before 2pm, or call the office on 029 20225190 to arrange collection from your home.

Alternatively, you could donate money which we will give directly to the Salvation Army to buy specific items they know they will need.

Please use Christmas Gift as your reference.
Thank you!